

Helpful Links and Resources

The health information provided in these links and resources are for education only. Please discuss any questions and concerns with your health care professional.

Pregnancy:

- **Nutrition during pregnancy**
<http://www.acog.org/~media/For%20Patients/faq001.pdf?dmc=1&ts=20120805T1425375357>
- **Routine tests in pregnancy**
<http://www.acog.org/~media/For%20Patients/faq133.pdf?dmc=1&ts=20120805T1427187818>
- **Discomfort of pregnancy/ Los malestares del embarazo**
- **Medications in pregnancy**

High blood pressure during pregnancy

<http://www.acog.org/~media/For%20Patients/faq034.pdf?dmc=1&ts=20120805T1628378902>

Gestational Diabetes

<http://www.acog.org/~media/For%20Patients/faq177.pdf?dmc=1&ts=20120805T1627437261>

Contraception

- **Birth control pills**
[http://www.acog.org/Resources And Publications/Patient Education Pamphlets/Files/Birth Control Pills](http://www.acog.org/Resources%20And%20Publications/Patient%20Education%20Pamphlets/Files/Birth%20Control%20Pills)
- **Other hormonal options**
<http://www.acog.org/~media/For%20Patients/faq159.pdf?dmc=1&ts=20120805T1433551265>
- **Sterilization**
<http://www.acog.org/~media/For%20Patients/faq011.pdf?dmc=1&ts=20120805T1432241666>
- **ESSURE (In Office):** <http://www.essure.com/> <http://espanol.essure.com/>

Abnormal Uterine Bleeding

<http://www.acog.org/~media/For%20Patients/faq095.pdf?dmc=1&ts=20120805T1622273814>

Endometrial Ablation

- **What is endometrial ablation**
<http://www.acog.org/~media/For%20Patients/faq134.pdf?dmc=1&ts=20120805T1357357125>
- **Thermachoice (In Office)** <http://www.pelvichealthsolutions.com/thermachoice/>
- **Novasure** <http://www.novasure.com/>

Uterine Fibroids

<http://www.acog.org/~media/For%20Patients/faq074.pdf?dmc=1&ts=20120805T1622515689>

Endometriosis

<http://www.acog.org/~media/For%20Patients/faq013.pdf?dmc=1&ts=20120805T1620093628>

Chronic Pelvic Pain

<http://www.acog.org/~media/For%20Patients/faq099.pdf?dmc=1&ts=20120805T1623490113>

Polycystic Ovarian Syndrome

<http://www.acog.org/~media/For%20Patients/faq121.pdf?dmc=1&ts=20120805T1624305855>

Menopause

<http://www.acog.org/~media/For%20Patients/faq047.pdf?dmc=1&ts=20120805T1632265757>

Pelvic support problems

<http://www.acog.org/~media/For%20Patients/faq012.pdf?dmc=1&ts=20120805T1621083365>

Urinary Incontinence

<http://www.acog.org/~media/For%20Patients/faq081.pdf?dmc=1&ts=20120805T1621517212>

Your Sexual Health

<http://www.acog.org/~media/For%20Patients/faq072.pdf?dmc=1&ts=20120805T1634432378>

Infertility

<http://www.acog.org/~media/For%20Patients/faq136.pdf?dmc=1&ts=20120805T1626457964>

Abnormal pap test

<http://www.acog.org/~media/For%20Patients/faq161.pdf?dmc=1&ts=20120805T1625119566>

Your first gynecologic visit (for Teens)

<http://www.acog.org/~media/For%20Patients/faq150.pdf?dmc=1&ts=20120805T1630448521>